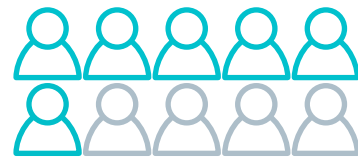


Homelessness by the numbers



On a single night in January 2020, there were more than **580,000 individuals** who were homeless in the United States.



Nearly **6 of every 10** people experiencing unsheltered homelessness did so in an urban area.



On a single night in 2020, **34,000 people under the age of 25** experienced homelessness on their own as “unaccompanied youth.”



African Americans and indigenous people remained considerably overrepresented among the homeless population compared to the U.S. population.

What you can do if you're experiencing homelessness



The **Continuum of Care (CoC)** program is the “front door” for homelessness services across the country. Contact your community’s CoC to learn about access to shelter, housing, and other resources.

[CONTACT THE COC IN YOUR AREA](#)

(after entering an address, click the map to find contact information for your local CoC)



A **2-1-1 hotline** is available in many communities and offers trained staff **24/7** to help residents access services like shelter, health care, food, and other social services programs.

[FIND YOUR COMMUNITY'S 2-1-1 HOTLINE](#)



Feeding America offers a food bank locator to help you find a food bank in your community.

[LOCATE A FOOD BANK](#)

Sources:

<https://www.huduser.gov/portal/sites/default/files/pdf/2020-AHAR-Part-1.pdf>
<https://endhomelessness.org/how-to-get-help-experiencing-homelessness/>

